

If you're looking for help and resources, here are 3 safe places to start looking:

- [Certified Intuitive Eating Counsellors](#)
- [Find a Health At Every Size Expert](#)
- [Health At Every Size Registry](#)

Dietitians & Nutritionists

Adina Pearson	Katherine Kimber	Nicole Eikenberry
Alissa Rumsey	Kathleen Meehan	Nina Mills
Angela Smith	Kelly Abramson	Paige Smathers
Angie Dye	Kerry Beake	Rebecca Scritchfield
Anna Lutz	Kim Hoban	Renee Little
Chris Sandel	Kori Kostka	Sarah Berneche
Christy Harrison	Laura Thomas	Simone Harding
Dana Sturtevant	Lindsay Stenovec	Sumner Brooks
Dawn Clifford	Linn Thorstenson	Susan Williams
Dina Spielman	Lisa Rutledge	Suzanne Dietrich
Elizabeth Kehoe	Liz Fayram	Sydney Caverro-Egúsqüiza
Elyse Resch	Madi Myers	Traci Malone
Erica Leon	Mandy-Lee Noble	Tracy Brown
Evelyn Tribole	Marci Evans	Tracy Stock
Fiona Sutherland	McKenzie Caldwell	Vincci Tsui
Fiona Willer	Meg McClintock	
Grace Wong	Meghan Cichy	
Hannah Turnbull	Megrette Fletcher	
Jess Rann	Monika Urbanski	
Julie Duffy Dillon	Natalie Scott	

Researchers & Academics

Angela Meadows	Harriet Brown	Philippa Diedrichs
Cat Pausé	Jon Robison	Renee Engeln
Charlotte Cooper	Linda Bacon	Sandra Aamodt
Glenn Gaesser	Paul Campos	Traci Mann

Doctors

Lilia Graue	Louise Metz	Michelle May
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Therapists

Ashlee Bennett	Jennifer DiGennaro	Louise Adams
Carmen Cool	Jennifer Rollin	Lynn Rossy
Deb Burgard	Judith Matz	Maria Paredes
Elayne Daniels	Kathleen Bishop, LCSW	Rachael Wilson
Emma Thomas (NZ)	Lauren Muhlheim	Stephanie Roth-Goldberg
Hilary Kinavey	Lilia Graue	Svetlana Bronnikova
Jenna Daku	Lisa Jennette Du Breuil	

Coaches

Caroline Dooner	Linda Tyllo	Rena Reiser
Dana Rourke	Lisa Beasley	Sarah Thompson
Elizabeth Pinney Hall	Meredith Noble	Summer Innanen
Isabel Foxen Duke	Michelle Elman	Vania Phitidis
Lilia Graue	Michelle Vina-Baltsas	Xenia Ayiotis
Linda Tucker	Nicole McDermid	

Bloggers/ Writers/ Speakers

Ashley Seruya	Marilyn Wann	Stacy Bias
Deborah Raphael	Megan Jayne Crabbe	Stephanie Yeboah
Jes Baker	Melissa Fabello	Virgie Tovar
Kelsey Miller	Melissa Toler	
Lore McSpadden	Ragen Chastain	
Lorren Hawkins	Sonya Renee Taylor	

Movement For All Bodies

Amber Karnes	Dianne Bondy	Sarah Harry
Anna Guest-Jelley	Donna Noble	Shelley Lask
Christine Walker, Fat Folks Can	Jessamyn Stanley	Simone Harding
Dana Falsetti	Lore McSpadden	

Art/ Media

Amy Pence Brown	Sophie Hagen	Vivienne McMaster
List of Body Positive Artists		